Pain Scales: Answer Sheet

Practice rating pain, using these scenarios:

A 2 year old patient is resting with a worried look on his face. His legs are pulled tight. He is tense and hesitant to move. He moans occasionally, but is calm when resting or repositioning. After observing for 2-5 minutes, how would you rate his pain on the FLACC scale? What does that pain rating mean?

Face ___2___ Legs ___2___ Activity ___1___ Cry ___1___ Consolability ___0___
FLACC total score is ___6___. That means ___Hurts even more___ on word scale or ___Moderate___ pain.

A patient with back pain points to the 3rd picture from the left on the Faces scale.

Pain rating on Faces scale is ___4____. On Words scale, that means ___Hurts a little more___, or ___Moderate___ pain.

A patient with headache using the Words scale said he has the “worst pain imaginable”. That is ___9-10___ on Numbers scale or ___Severe___ pain.

A patient with shoulder pain points to number 2.

Pain rating on Numbers scale is ___2____. That means ___Hurts a little bit___ or ___Mild___ pain.

An elderly patient with dementia is frowning and looks worried. Her arms and legs are rigid and flexed. She is restless and tense, positioned as if guarding a painful area. She is repeatedly calling out, but is able to be distracted by voice or touch. After observing for 2-5 minutes, how would you rate her pain on FLACC scale?

Face ___2___ Legs ___2___ Activity ___1___ Cry ___2___ Consolability ___1___
FLACC total score ___8____ On Words scale, that means ___Hurts a whole lot___, or ___Moderate to Severe___ pain.